

## **Dromantine Retreat and Conference Centre.**

### **WHEN IT IS DARKEST: Understanding Suicide.**

The scale of devastation for individuals, family and friends is still poorly understood. This workshop will untangle the complex reasons behind suicide and dispel unhelpful myths. It will also provide compassionate advice on how best to help someone vulnerable and support those struggling through the tragedy of suicide to find strength in the darkest of places.

Saturday, 24th September 2022.  
9.30am-4.30pm, 40 Sterling / 45 Euro

Please contact Jacinta or Louisa to reserve your place: 028 (048 from ROI) 3082 1964  
EMAIL: [admin@dromantineconference.com](mailto:admin@dromantineconference.com)