

Advance Care Planning. The Heart of Living and Dying Conversations

Below is a video from social worker, Deirdre McKenna, Southern Health and Social Care Trust (SHSCT) which provides a simple “how to” guide to having these conversations and encourages all of us, to think about what really matters to us in living and dying and to talk about it with the people we love.

Once we have the conversation, it’s done and we can then get on with the business of staying safe and living our lives.

Scroll down to see the short film which gently talks you through how to have this important conversation.

Film by Deirdre McKenna



<https://learningzone.niscc.info/storage/adapt/5e96d384c8b6f/index.html#/id/5e82f5fa66c93917dcbe6889>