Pope Francis has a new official app "Click to Pray"

POPE FRANCIS

"I invite especially young people to download the App 'Click to Pray,' to continue to pray together with me the Rosary for peace, particularly during the World Youth Day in Panama."

It includes the pope's monthly intentions and an area for people to share their prayers with the pope, "Pray with the network." It also includes "Pray every day," which offers prayers for the morning, afternoon and evening.

Fr. Frédéric Fornos, International Director of the Apostleship of Prayer, says this app hopes to help people pray in a world full of activity.

FR. FÉDÉRIC FORNOS

International Director, Apostleship of Prayer

"It helps us to stop three times each day. We know that we run all the time. It is not easy to stop, to breathe, to go deeply in our heart, to connect our heart with the heart of Jesus. This app helps you to stop, even if it is only three minutes."

The app was prepared by the Pope's Worldwide Prayer Network. Its mission is to help "mobilize Christians through prayer and action for the challenges of humanity and the mission of the Church."

The app is available in both Android and IOS in six languages and in March it will also be available in Chinese.