

NO VISIBLE SCAR: COMFORT FOR THOSE BEREAVED

Losing a loved one can be a lonely, isolating and disorienting experience. These feelings of loss have been felt even more keenly in the time of a global pandemic. This workshop provides a gentle, safe and comforting space to help those bereaved before or during the pandemic to better understand their feelings, sensitively unpack the layers of grief their loss has brought and learn how to respectfully carry grief and embrace life again.

Friday 20 May (arrive 5pm) - Sunday 22 May (depart 2pm)
220 Stg / 260 Euro

Workshop Facilitator: Father Hugh Lagan SMA

Fr Lagan is a priest with the Society of African Missions and a chartered clinical psychologist. He has led retreats, workshops and trainings internationally on psychological and spiritual well-being, positive change, trauma, mental health and resilience.

Please contact Jacinta or Louisa to reserve your place:

TEL: 028 (048 from ROI) 3082 1964

EMAIL: admin@dromantineconference.com